



**Newsletter No. 56 – December 2018**

THE COMMITTEE WOULD LIKE TO TAKE THIS OPPORTUNITY OF THANKING YOU FOR YOUR LOYAL SUPPORT DURING THE PAST YEAR.  
WE WISH ALL OUR MEMBERS A JOYFUL AND BLESSED CHRISTMAS SEASON AND WE LOOK FORWARD TO SEEING YOU IN THE NEW YEAR



**CHRISTMAS CELEBRATION  
4 DECEMBER 2018**

The Carillon Singers and Father Christmas

A huge audience was entertained with a selection of carols.

Many compliments have been received.  
The singing was beautiful and the finger lunch excellent.

**FULLY BOOKED, BUT PUT YOUR NAME ON THE WAITING LIST**



Club's first overnight trip 3 nights/4 days 12, 13, 14, 15 February 2019  
Cost of R3750 per person sharing includes all transport, accommodation in the 4-Star Town Lodge, full English buffet breakfast, entrance fee to Chimp Eden and Sudwala Caves.

Contact Pam 082 457 3947 or Fiona 082 900 7364 for more details or to put your name on the waiting list.

WHAT'S IN STORE FOR 2019?

**TUESDAY, 8 JANUARY 2019 – NOTE THE DATE**

Documentary "Kalahari Living on the Edge". Winner of the Gold Avanti for best wildlife documentary. It is a land of survivors. Each animal and plant is adapted to living with harsh extremes – dust storms, thirst, heat and cold. There are two seasons in the Kgalagardi: waiting for the rain and after the rain, for water is the deserts most precious and unpredictable resource.

**WEDNESDAY, 23 JANUARY 2019 AT 10H00**

Coffee morning at The Workshop Café, corner 5<sup>th</sup> Avenue and 6<sup>th</sup> Street, Northmead, Benoni

**TUESDAY, 5 FEBRUARY 2019**

Adam Cain, author of "The Bitter Taste of Orange". His story of being falsely accused of a terrible crime, a rigged court case and time in jail. His story will have you riveted.

**FUTURE EVENTS –**

Adler Museum of Medicine at Wits University  
Buddhist Temple

TRANSPORT - It is the responsibility of an individual to arrange transport and not the responsibility of the committee. However, if requested the committee will endeavour to help arrange a lift  
CHANGE OF PERSONAL DETAILS – Please complete a form (available at the entrance)  
PLEASE REPLY – From time to time e-mails are sent to specific groups usually as reminders or to give directions. In order for us to know if the e-mail has been received please reply. A simple reply of “Thank you” or “Received” will do.

#### CONTACT DETAILS OF 2018/19 COMMITTEE:-

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SAARP Head Office in Cape Town is a non-profitable NGO-company and derives its funding from commissions and advertising. Membership to SAARP is, therefore, free. However, social clubs charge an annual subscription fee to cover running costs. Lakefield Social Club has a low annual fee of R120 per person or R200 per couple. An entrance fee of R10 per person at the monthly socials is also charged. R20 for visitors. Socials are held on the FIRST TUESDAY of every month at the Wesley Hall, Northfield Methodist Church, cnr Webb and Aerodrome Roads, Northmead, Benoni. Socials start at 11h00 sharp. [If you require further information contact Pam Harvey 082 457 3947](#)

Julie Andrews to commemorate her birthday, made a special appearance at Manhattan's Radio City Music Hall for the benefit of the AARP ([American Association of Retired Persons](#)). One of the musical numbers she performed was 'My Favourite Things' from the legendary movie 'Sound Of Music'. Here are the lyrics she used:

Botox and nose drops and needles for knitting, walkers and handrails and new dental fittings, bundles of magazines tied up in string. These are a few of my favourite things

Cadillacs and cataracts, hearing aids and glasses, Polident and Fixodent and false teeth in glasses, Pacemakers, golf carts and porches with swings. These are a few of my favourite things.

When the pipes leak, when the bones creak, when the knees go bad, I simply remember my favourite things. And then I don't feel so bad.

Hot tea and crumpets and corn pads for bunions, no spicy hot food or food cooked with onions, bathrobes and heating pads and hot meals they bring. These are a few of my favourite things.

Back pain, confused brain and no need for sinnin', thin bones and fractures and hair that is thinnin'.and we won't mention our short shrunken frames. When we remember our favourite things.

When the joints ache, when the hips break, when the eyes grow dim. Then I remember the great life I've had. And then I don't feel so bad.