



SAARP SOCIAL SERVICES - PINELANDS

(Reg No 2006/003084/08)

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Monthly Meetings: 3rd Thursday at
Pinelands Bowling Club, St Stephens Rd.

NEWSLETTER – AUGUST 2017

Hello, again

At the time of writing Christmas is less than 5 months away, and soon we'll be shopping to the glitter and sounds that herald the annual festivities. To us 'oldies', it's also a jolting reminder of just how quickly Time flies - and (for some of us) how much we still need to do while we're capable of doing it!

Today's Christmas in July lunch was a great success, much better than last year's; Mark must be congratulated on his negotiating skills! I feel the caterers were one short to help with serving, but John Kleynhans manfully filled the gap – many thanks, John!

July brought some much-needed rain but not enough to replenish our dams. Unless there's more on its way, we're in for a very long, hot, dry summer. Continue to save as much water as you can. Here are some of my own tips: (1) If you steam your veggies together, cutting or slicing them to all finish cooking at the same time, you use only a small amount of water. Add a spoonful of dry chicken stock before starting, and use the water for tomorrow's soup or for tasty gravy. (2) If you have a double sink, discard the washing up water when you're finished but leave the rinsing water in the bowl and use that for rinsing hands or mopping up spills. I wash-up only once a day and very rarely use the dish-washer. (3) Every time you boil a kettle, pour what you don't use into a thermos flask; next time, empty from the flask into the kettle and fill it up, bring to the boil and repeat the procedure. This way you always have some hot water for a cup of coffee, or to poach an egg or quickly make some soup. It saves on electricity, too.

AUGUST DIARY

Thursday 3	Committee Meeting
Wednesday 9	National Women's Day
Fri 5 – Sun 13	World Athletics Championships, London
Thursday 17	General Meeting when we'll be entertained by magician Chris Welsh.
Monday 21 or 28	Date to be confirmed once the Bowling Club agrees date of hire. Another 'Beetle' indoor outing. Afterwards we'll be treated to Mark's butternut soup and Merle's fruit cake. All this for only R20 – howzat for value for money! Remember to get tickets at the general meeting.

Please diarise Tuesday 26 September when we'll be visiting the Control Centre of the Huguenot Tunnel – the Club last went before I joined SAARP but I've heard that it is a very

interesting outing and I'm really looking forward to it. Here's Fay's invitation to you all to join us:

Do you know what occurs when you are driving through the Huguenot Tunnel near Paarl? You are being monitored by the engineers in the Control Centre, which is opposite the toll pay entrance. They know all about speed, bad driving, too much carbon monoxide etc., and they keep a close look-out for accidents on their many screens. A guilty driver will be stopped at the end of the Tunnel.

*We will be visiting the Control Centre on Tuesday 26 September when we'll be shown around. This has always proved to be a most interesting outing. After the tour we will be escorted through the Tunnel when the emergency exits in the **second** tunnel will be pointed out to us. We'll have lunch at Du Kloof Lodge further along the valley where we'll be served chicken pie and veg, with ice cream to follow.*

Price for the outing is R250 per person, payable at the August meeting. The bus leaves at 09:00 sharp.

Enquiries: Fay Woodhead (tel: 021 531 2702)

KNITTING SUB-COMMITTEE

Rita Scott has asked me to make special mention of the most welcome donation of sweaters and vests that Frankie Kruger brought to our last meeting; Cynthia will distribute the sweaters to needy homes and orphanages, while Rita is collecting vests for Mowbray Maternity Home. I've included her latest pattern for a double-knit baby sweater on the last page of this newsletter.

THEATRE NEWS (Reminder: For all theatre bookings, **ask for your pensioner's discount**)

ARTSCAPE:

Wizard of Oz (Gilbert & Sullivan Society): 17 Sept - 8 Oct. Sundays at 14:00 - R160 each.

Spring Rhapsody (Ballet): Sat 14 Oct @ 14:00. Book at August meeting. R80 each.

Don Quixote (Ballet): 21 – 28 Oct. Sat 28 @ 14:00 - book at August meeting. R80-00 each.

Evita (Musical): 1 Dec – 7 Jan. Sat @ 15-00, Sun @ 14-00. Block booking min. 20 tickets - R160,00 each.

Cinderella on Ice (The Imperial Stars): 10 - 28 Jan. Sat @ 15-00, Sun @ 14,00. Block booking min. 20 tickets R160,00 each. (A lovely Christmas present for grandchildren!)

FUGARD THEATRE

King Kong: A new production of the iconic South African musical that launched the international careers of Miriam Makeba and Hugh Masekela, amongst others. Opened 25 July (*it was a rousing evening of song and dance!*) till 2 Sept. R130 – R230.

THEATRE ON THE BAY:

The Mystery of Irma Vep (a quick-change farce with Jonathan Roxmouth): 2 – 19 August

Handful of Keys: 29 August – 8 October

Santa's Story with Aviva Pelham: 10 – 15 October (Aviva telling her mother's very interesting life story)

BAXTER

<i>Morning Melodies</i> :	30 August	Cape Town Opera	27 September	Celebrating Spring
	25 October	Jesus Christ Superstar	22 November	Opera, <i>Je T'aime</i>
	13 December	Viva The Diva (Jacobi de Villiers)		

AN ASTONISHING HISTORICAL & NAVIGATIONAL RECORD

The passenger steamer ss *Warrimoo* was quietly knifing its way through the waters of the mid-Pacific on its way from Vancouver to Australia. The navigator had just finished working out a star fix and brought the master, Capt John Phillips, the result: the *Warrimoo's* position was LAT 0° 31' N and LON 179 30' W. The date was 31 December 1899.

"Know what this means?" First mate Payton broke in. "We're only a few miles from the inter-section of the

Equator and the International Date Line".

Capt Phillips was prankish enough to take full advantage of the opportunity for achieving the navigational freak of a lifetime. He called his navigators to the bridge to check and double-check the ship's position. He changed course slightly so as to bear directly on his mark, and then adjusted the engine speed. The calm weather and clear night worked in his favour. At midnight the ss *Warrimoo* lay on the Equator at exactly the point where it crossed the International Date Line! The consequences of this bizarre position were many:

The bow of the ship was in the Southern hemisphere and in the middle of summer.

The stern was in the Northern hemisphere and in the middle of winter.

The date in the aft part of the ship was 31 December 1899.

The date in the bow part of the ship was 1 January 1900.

This ship was therefore not only in two different days, two different months, two different years, and two different seasons, but it was also in two different centuries...ALL AT THE SAME TIME.

Wouldn't you have loved to have been on this cruise? Imagine your 'bragging rights'! Imagine walking from bow to stern and being in different days, months, years, seasons and - *MOST OF ALL* - **centuries** in just a few steps!!

(PS: Since writing this I've been told that John Maytham has said on Cape Talk that this was a myth that never happened. I've tried googling the story and have found two different versions of it, but so far no confirmation of its falsity - I'll keep trying, though.)

OBITUARY – CHRISTINE DIXON, 1924 – 2017

Fay Woodhead has written a tribute to her long-time friend and bowling colleague:

What a delightful lady she was! All who knew her smile at the thought of her.

Many bowls skips must have learnt from her how to handle their team members. "That was rather a rotten shot, old bean – but we know the next one will be stupendous" – AND IT WAS! Thanks for many happy hours on the greens.

Fondest love, from Fay Woodhead.

LEXOPHILE

I received such an interesting e-mail from Rosalie & John Kleynhans. 'Lexophile' describes those who have a love for word games, such as "You can tune a piano, but you can't tuna fish", or "To write with a broken pencil is pointless." An annual competition is held by the New York Times to see who can create the best original lexophile. This year's winning submission is posted at the very end.

No matter how much you push the envelope, it'll still be stationery.

If you don't pay your exorcist you can get repossessed.

I'm reading a book about anti-gravity. I just can't put it down.

I didn't like my beard at first. Then it grew on me.

Did you hear about the crossed-eyed teacher who lost her job because she couldn't control her pupils?

When you get a bladder infection, urine trouble.

When chemists die, they barium.

I stayed up all night to see where the sun went, and then it dawned on me.

When she saw her first strands of gray hair she thought she'd dye.

Acupuncture is a jab well done. That's the point of it.

Those who get too big for their pants will be totally exposed in the end.

There are lots more of these clever entries, but they'll have to wait for another time. Now you know what the game is all about, how about sending me your suggestions for inclusion in future newsletters?

IN OUR THOUGHTS

To all those celebrating birthdays and anniversaries this month (especially the 'Big 0' ones!), heartiest congratulations – I hope you have splendid memories to look back upon.

To those in hospital or recovering from illness at home – may you soon be up and about again.

To those who have recently lost close friends and relatives – Time is a great healer; try to recall the happy times you used to have together.

All for now, I'm afraid – the 4th page is reserved for Rita's pattern and Committee contact details.

Ciao for now.

Ruth

COMMITTEE CONTACT DETAILS

POSITION	NAME	LANDLINE	CELL NO.	E-MAIL ADDRESS
Chairman	STILL LOOKING!!			
Treasurer	Louise Jones	021 532 7404		louis@pine-wood.co.za
Ex-Acting Chair	Merle Byworth	021 785 4154	083 454 3775	mbyworth@telkomsa.net
Outings Comm	Fay Woodhead	021 531 2702	072 111 0552	deswoodhead69@gmail.com
	Mark Binedell	021 465 3355	082 887 7488	mjbinedell@telkomsa.net
Membership D/B	Vicky Harvey	021 532 3123	083 546 4768	vickyh@sybaweb.co.za
Minutes Sec	Ruth Buckland	021 529 0400	083 511 8237	ruthbuckland@xsinet.co.za
Knitting Comm	Rita Scott		083 392 0611	scottritaj@gmail.com
Mtg Tables, Raffle	Rose Craddock	021 531 4529	083 487 3450	N/A

NEW KNITTING PATTERN FROM RITA SCOTT:

DOUBLE KNIT BABY SWEATER

Needles 3¼ (10) and 4 (8)

Abbreviations: Rib (k2 p2); sts (stitches); stst (stocking stitch – alternate rows plain and purl)

Back: Using 3¼ (10) needles, cast on 60 sts. Rib 12 rows. Change to no. 4 (8) needles. Stst to 35cm. Rib 10 rows.

Neck-shaping: Rib 16 sts. Cast *off* 28 sts. Rib 16 sts to end of row.

Rib 16 sts. Cast *on* 28 sts. Rib 16 sts to end of row.

Rib 10 rows. Stst to match back (35 cm). Change to 3¼ (10) needles. Rib 12 rows. Cast off.

Sleeves (both alike):

Using 3¼ (10) needles, cast on 32 sts. Rib 12 rows. Change to no. 4 (8) needles. Stst *increasing 1 stitch at both ends every 5th row* until 54 stitches and sleeve measures about 30 cm. Cast off.