



SAARP SOCIAL SERVICES - PINELANDS

(Reg No 2006/003084/08)

Postal Address: P O Box 404, Howard Place 7450

Email Address : vickyh@sybaweb.co.za

Monthly Meetings: 3rd Thursday at Pinelands Bowling Club
St Stephen's Rd. Doors open at 09:00, meeting closes 11:15

NEWSLETTER : AUGUST 2018

Hello, again

Well, we've moved but are still nowhere near being settled; however, I shall always remember Thursday 26 July as a Red Letter Day: after weeks of trying to dispose of our dining suite, a gentleman phoned in response to Tracy's advert on the Pinelands 531 website and, by 7:30 that evening, the table and chairs were sold! At the time of writing, they'll be removed tomorrow. Yippee!

REFLECTIONS

- 1. Red Cross War Memorial Children's Hospital:** This tour was a real eye-opener. Our guide, Sister Solomons, was so passionate about the Hospital and their amazing achievements as a global prototype for managing babies and youngsters suffering from all manner of diseases and disabilities. In my youth I frequently accompanied my surgeon father on his rounds on Sunday mornings to visit patients who had been operated on during the week, and I remember hospitals being dreary places with brown walls; but the wards and walls of The Children's Hospital are bright and cheerful with colourful murals. Beside each child's bed is a fold-up seat which converts into a bed in the evening so that a parent can stay with them – how comforting that must be to a youngster coping with severe pain! And despite the trauma of dealing on a daily basis with babies and toddlers suffering from disease or accident, the nursing staff all appeared to be so caring and cheerful. One lasting image was that of a young boy with horrific burns to his face and upper body being wheeled from theatre to a ward - very chilling.
- 2. Christmas in July Lunch:** What a good turn-out we had for this very successful occasion – 88 members and guests. Congratulations must go to Mark for organising the buffet, to Merle for providing bottles of wine and her famous Christmas cake as part of the raffle (which was won by Lloyd Bosch), and Rita Scott and Hilary Scholtz who raised R470 through the sale of raffle tickets - well done, ladies.
- 3. A Small Kitchen:** Having left a house with a large kitchen and separate scullery, I'm now having to cope with a working surface just over a metre in length. I was feeling sorry for myself until I recalled a wonderful evening Clive and I spent at an old Victorian-built hotel in Moorreesburg, the sort of place that used to be the first stop out of Cape Town for anybody travelling north to the Cedarberg but was now shabby, with few

overnight stayers. In the small ‘corridor kitchen’ the young chef worked away, on his own, producing an astonishing array of dishes for the dozen or so diners who, judging from the car registrations parked outside, came from far and wide. I suddenly thought – if he could do that so successfully, I should be able to produce a simple meal for Clive and myself without too much fuss! I’m now starting to settle in.

4. *Another lesson I’ve learnt:* If you’re relying on heating up microwave meals, do keep a good magnifying glass handy in the kitchen – the instructions are difficult to read even with glasses on!

WHAT TO LOOK FORWARD TO

27 September: The next trip will be to Genadendal – always a very emotional experience. Tickets are R250 each – please contact Fay, not Mark (he’ll be away in Thailand/Malaysia until 15 Sept – bon voyage, Mark, you deserve a break!). Some members will be donating plaques in memory of loved ones who have passed on, and Rita Scott is appealing for beanies and scarves to take for the youngsters. (For beginner knitters, scarves are so easy – cast on 23 stitches and knit plain for about a metre/yard.)



October:

This is something new that Juan Bruwer has devised for us, and it sounds great fun. We hope that many of you will participate. There are two 11-question quiz shows, each lasting about 20 minutes. The questions will appear on the screen and we’ll have 30 seconds to choose answers from 4 possibilities (a, b, c, d), which we’ll mark on the forms we receive (**PLEASE REMEMBER TO BRING A PEN OR PENCIL WITH YOU**). Examples of a question and the answer form are given below:

Question 8

Which word describes a word or verse that reads the same backwards or forwards?

32 000

A Anagram	B Acronym
C Homonym	D Palindrome

Q	A	B	C	D	Points
1	X				100
2					100
3					200
4					200
5					500
6					2 000
7					4 000
8					32 000
9					125 000
10					1 000 000
11					1 000 000

Apparently, these quizzes can be played in pairs or groups of four, but perhaps we ought to just play as individuals first time round, once we know what is involved.

If there’s time left over after two quizzes, Juan will show more of the Britain or America’s Got Talent videos.

November: An early advice of a new musical by David Kramer that will run at the Fugard Theatre from 20 November to the end of January 2019. Entitled '*Langarm*', it's a story of love and intrigue, set in the world of Cape Town's ballroom dance culture of the 1960s. David Kramer says of this new work: "I've wanted to do a musical inspired by the langarm-ballroom bands from the 60s for many years. I grew up watching my parents dance to the music of these bands" There's bound to be some memorable music and dancing as the story unfolds – don't miss it!

Prices and Reductions Previews: Tuesday 20 November to Tuesday 4

December: All performances – all seats R160. Fund-raising price: R100 based on 50 tickets – I'll take 4 for Saturday 1 December; anybody like to join me? If 50 of us pay R110 each, we could send R500 off to some deserving charity! Once the season starts on 6 December there's a Senior Citizen discount of 10% on all seats, Wednesday to Sunday.

ENTERTAINMENT

(a) **Old Films at the Nederlands Library:** Last week Clive and I joined a few other members to see '*Mutiny on the Bounty*' with Charles Laughton and Clarke Gable – a memorably hateful performance by Laughton as the despicable Captain Bligh. The film was made in 1935 and, without the technology available today, it's astonishing how terrifying the raging storms were depicted. I was also amazed how the crew's silk shirts remained spotlessly white most of the time!

August 13: *La Reggie du Jeu* (about the painter, Renoir); with English subtitles

August 27: Alfred Hitchcock's *The 39 Steps*, introducing Tony Curtis

Sept 10: *A Matter of Life & Death* with David Niven, Roger Livesay and Raymond Massey.

R10.00 per show, which includes tea/coffee and a biscuit! Well worth it.

(b) **Artscape (from their Quarterly Events Calendar):** Credit card phone bookings: 021 421 7695; Mon – Fri; 09:00-17:00; Sat 09:00-12:30.

Remember your ID or SAARP membership card when collecting tickets.

To 4 August: *Ruth First: 117 Days*. In celebration of Women's Month, dramatizing her harrowing 1963 arrest and detention under the notorious 90-day clause. Ruth became the first white woman to be arrested under this act. 70 minutes; R150.00 with Pensioners' discount of 10%.

17-19 August: *Journey Beyond*. Zip Zap Circus and CT Philharmonic Orchestra combining breath-taking acts and classical favourites.

Pensioners, students & scholars (2 – 18 yrs) R180.00.

BIRTHDAYS

Our best wishes to all 21 members who will be celebrating birthdays in August. May you receive many joyful messages of love and wellbeing from family and friends.

HOGSBACK TOUR, 7 – 16 SEPTEMBER: Fay is organising a splendid tour to the Eastern Cape, the itinerary of which is as follows:

Day 1: George; overnight at Over the Mountain

Day 2: Port Elizabeth; overnight at Humewood Hotel; Kragga Kama excursion

Day 3: Addo; overnight at The Kraal; Addo excursion

Day 4: Port Alfred; overnight at The Halyard Spa; Bathurst excursion

Days 5,6,7: Overnight at Arminel, Hogsback

Day 8: Graaff Reinet; overnight at Profcon Resort

Day 9: Laingsburg; overnight at Laings Lodge; Flood Museum excursion

Day 10: Return to CT

The tour includes:

- **Pick-up & drop off in CT**
- **Transport**
- **Driver/Guide**
- **Accommodation (subject to availability at time of confirmation & payment)**
- **Breakfast, lunch & Dinner**
- **All entrance fees**

Please phone Fay Woodhead for further information 021 531 2702.

Welcome to our newest member, Mrs Merle Dendy; we hope you will enjoy being in our company. Our thoughts go out to all those who are suffering ill health or recovering from operations or treatment, in hospital or at home – may you soon be back on your feet enjoying better health.

Caio for now

Ruth

COMMITTEE CONTACT DETAILS

POSITION	NAME	LANDLINE	CELL NO.	E-MAIL ADDRESS
Chairman/Outings	Mark Binedell	021 465 3355	082 887 7488	mjbinedell@telkomsa.net
Treasurer	Louise Jones	021 532 7404		louis@pine-wood.co.za
	Merle Byworth	021 434 1230	083 454 3775	mbyworth@telkomsa.net
Outings Comm	Fay Woodhead	021 531 2702	072 111 0552	deswoodhead69@gmail.com
Membership D/B	Vicky Harvey	021 532 3123	083 546 4768	vickyh@sybaweb.co.za
Minutes Sec	Ruth Buckland	021 530 0146	083 511 8237	ruthbuckland@xsinet.co.za
Knitting Comm	Rita Scott		083 392 0611	scottritaj@gmail.com
Mtg Tables, Raffle	Rose Craddock	021 531 4529	083 487 3450	N/A